****

**Leamington Community Primary School’s**

**Whole school approach to mental health and emotional wellbeing**

* Educational Mental Health Practitioner support
* Oakleaf practitioner (bereavement)
* Action for Children 1-2-1 mentoring
* ‘Wellbeing with Lisa’ sessions
* Parent Mental Health and wellbeing training
* Together trust staff (OT / Specialist advisory teacher)
* Fresh CAMHS
* Alder Hey EATING Disorder Service
* CAHMS Crisis Care Line

**Some CYP**

**Early intervention Early intervention**

 **(School staff) (External staff)**

* Full time mentor
* Family Support Worker
* ACEs course
* Lunchtime club
* Mentors available to all at lunchtime
* Classroom staff trained in Lego therapy
* Seedlings
* A whole school approach to emotional regulation through the Zones of Regulation Framework
* Daily sensory breaks to support emotional regulation
* Wellbeing Wednesday lessons
* Circle time activities addressing pupils’ mental health and emotional needs
* Implementation of the Jigsaw PSHE curriculum

**Very few CYP**

**High level intervention**

**Few CYP**

**Intervention**

**All CYP**

**Prevention & early identification**

* Inclusion team with regular meetings
* Whole school promotes discussion around mental health through Mental Health focused days.
* Padlet of Mental health-based resources to support teachers
* Wellbeing workshops with outside agencies