



**Being me in my world**

- I can recognise positive things about myself and set personal goals. I can face challenges positively and ask for help.
- I understand why rules are needed and how they relate to rights and responsibilities.
- I understand how my actions affect others and I can see others' point of view.

**Celebrating differences**

- I can tell you about a time when my words affected someone's feelings and what the consequences were.
- I can give and receive compliments and know how this feels.

**Dreams and goals**

- I can evaluate my own learning process and identify how it can be better next time.
- I am confident in sharing my success with others and know how to store my feelings of success in my internal treasure chest.

**Healthy Me**

- I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help.
- I can express how being anxious or scared feels.

**Relationships**

- I can explain how some of the actions and work of people around the world help and influence my life and can show an awareness of how this could affect my choices.

**Changing Me**

- I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.
- I recognise how I feel about these changes happening to me and know how to cope with these feelings.