Year 4 - PSHE/RSE

Knowledge, Skills and Understanding



Being me in my world

- I know how my attitudes and actions can impact my class team and school community. I know who is in my school community and the roles they play.
- I know how democracy work through the school council.
- I know how my actions affect others and I care about their feelings and can work with others as a group.

Celebrating differences

- I can tell you a time when my first impression of someone changed as I got to know them.
- I can explain why it is good to accept people for who they are.

Dreams and goals

- I know how to make a new plan and set new goals even if I have been disappointed.
- I know what it means to be resilient and to have a positive attitude.

Healthy Me

- I can recognise when people are putting me under pressure and can explain ways to resist this when I want to.
- I can identify feelings of anxiety and fear associated with peer pressure.

Relationships

• I can explain different points of view on an animal rights issue and express my own opinion and feelings on this.

Changing Me

- I can identify what I am looking forward to when I am in Year 5.
- I can reflect on the changes I would like to make when I am in Year 5 and can describe how to go about this.