



Being me in my world
<ul style="list-style-type: none">• I can face new challenges positively and know how to set personal goals.• I understand my rights and responsibilities as a British Citizen and as a member in my school.• I can make choices about my own behaviour and know how an individual's behaviour can impact a group.
Celebrating differences
<ul style="list-style-type: none">• I can explain the differences between direct and indirect types of bullying.• I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied.
Dreams and goals
<ul style="list-style-type: none">• I can describe the dreams and goals of a young person in a culture different from mine and can reflect on how these relate to my own.
Healthy Me
<ul style="list-style-type: none">• I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures.• I respect and value my body
Relationships
<ul style="list-style-type: none">• I can explain how to stay safe when using technology to communicate with my friends.• I can recognise and resist pressures to use technology in ways that may be risky or cause harm to myself or others.
Changing Me
<ul style="list-style-type: none">• I can describe how boys' and girls' bodies change during puberty.• I can express how I feel about the changes that will happen to me during puberty.